

IMPACT!

**The *IMPACT!*
Programme
releases tremendous
personal potential,
confidence,
drive and energy.**

Since 2003 Allan Ward has been delivering consultancy services including *IMPACT!*, and leadership and change management programmes across a broad spectrum of organisations including:



The IMPACT! delivery team is led by Allan Ward & Heiz Wadegu.

Subsequent to a 20 year corporate career Allan worked, in the UK, as a consultant with the Wilsher Group (www.wilsher-group.com), in 2006 he co-founded ChangingPoint (www.changing-point.com) and since 2010 has been based in Nairobi where in 2015 he started Forward Consulting.

Heiz Wadegu has worked with Topmark Management Consultants for the past seven years and has been running a children's programme Mtoto Baraka.

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Forward
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The **IMPACT!** Programme

Doing well, even coping nowadays, seems to have less to do with qualifications than with the ability to deal positively with constant change, pressure and challenges. **IMPACT!** is a powerful programme helping people to dramatically improve their ability to manage change and get results, thus helping students succeed in today's turbulent environment, including the transition from school to campus.

Programme Format

The **IMPACT!** Programme comprises seven sessions of three hours typically run over seven consecutive weeks. The programme is highly interactive, participative, challenging and most enjoyable.

Programme Syllabus

Session 1 – The Me I Could Be

1. Building confidence.
2. Releasing your personality.
3. Linking positive attitude and achievement.

Session 2 – Releasing Potential

1. Building relationships.
2. Expressing yourself effectively.
3. School : life balance.

Session 3 – Communicating Freely and Fully

1. Communicating through actions.
2. Structuring effective and visual presentations.
3. Thinking clearly when under pressure.

Session 4 –Forging Mental Toughness

1. Giving and receiving feedback.
2. Channelling energy and passion.
3. Managing stress.
4. Developing enthusiasm and staying power in the face of change.

Session 5 – Getting Results Through People

1. Gaining greater co-operation.
2. Connecting with the listener.
3. Building communication skills

Session 6 – Developing Leadership

1. Developing inspirational power.
2. Helping others to improve.
3. Working, and playing, to strengths.

Session 7 – Planning for the Future

1. Setting quality of life goals.
2. Putting it all together.
3. Transforming my world.

